

European Nutritionals Press Workshop

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Madrid, Spain

Biography



Professor Dr David Kennedy

Personal details:

Name: Professor David Ormonde Kennedy
Qualifications: BSc (Psychology) – 1998
PhD – Northumbria University - 2002.
Nationality: British
Date of Birth: 28/07/1963
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Current Employment: Professor of Biological Psychology, Division of Psychology
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Summary

I am currently Professor of Biological Psychology and the Director of the 'Brain, Performance and Nutrition Research Centre' (www.nutrition-neuroscience.com - formerly the Human Cognitive Neuroscience Unit) at Northumbria University in the United Kingdom. The focus of research in the centre is on the effects of nutritional interventions on cognitive performance, mood, psychological stress and indices of physical performance. The current research portfolio of the centre is supported both by Research Council grants and collaborative industrial funding. My own PhD investigated the cognitive effects of herbal remedies, and I have authored a wide range of peer reviewed publications describing research into the behavioural effects and mechanisms of action of essential nutrients, secondary metabolites and nutraceuticals.

Current research within the centre includes studies assessing the mechanisms of action, and the cognitive and mood effects of a range of nutritional interventions including glucose, poly-unsaturated fatty acids, herbal products, single and multiple polyphenols, and vitamins/minerals.

Relevant employment history

August 2008 – present Professor of Biological Psychology, Division of Psychology,
Northumbria University

Sept 2007 – present Director, Brain, Performance and Nutrition Research Centre

June 2006 – Dec 2006 Director (acting): HCNU

August 2005 – present Reader in Biological Psychology, Division of Psychology,
Northumbria University

Sept 2003 – Sept 2007 Associate Director: HCNU

Sept 2003 – Aug 2005 Research Fellow: HCNU

June 2002 – Sept 2003 Research Associate: Human Cognitive Neuroscience Unit (HCNU)

1999-2002 Associate Lecturer (.5 of full time), Division of Psychology,
Northumbria University

1998-1999 Part-time Lecturer, Division of Psychology, Northumbria University

External Appointments:

2007 – present Co-Director: Medicinal Plant Research Centre (cross-disciplinary
collaborative centre comprising academics from the Universities of
Northumbria, Newcastle, Teeside and Durham)

PhD supervision: Completed - 2, Current – 6