

European Nutritionals Press Workshop

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Biography



Professor Dr Marcela González-Gross

Family name: González-Gross
First name: Maria Marcela
Date of birth: May 18th, 1964
Position: University Professor for Sports Nutrition and Sports Physiology.
Vicedean for Quality and International Affairs.

Professional address: Facultad de Ciencias de la Actividad Física y del Deporte-INEF.
Universidad Politécnica de Madrid. c/ Martín Fierro 7. E-28040 Madrid. Tel.: +34 91 336 4006.
Fax: +34 91 5497307. E-mail: marcela.gonzalez.gross@upm.es

1. Academic degrees:

- Degree in Pharmacy. School of Pharmacy. Complutense University of Madrid. 1989.
- Master Degree in Nutrition. Complutense University of Madrid. 1991.
- Doctorate (Ph.D.) Complutense University of Madrid. 1994.

2. Former posts:

- 1988-1994 Pre-Doctorate Fellow. Department of Nutrition. Complutense University of Madrid
1994-1995 Head of Nutrition Department. Clinica Cabeza Ferrer. Madrid.
1995-1996 Co-ordination of Expert course in herbs and medical plants. Politécnica University.
Madrid.
1998-2003 Post-Doctorate Fellow. Institute of Nutrition. Consejo Superior de Investigaciones Cientificas. Madrid.
2003-2004 Associate Professor of Nutrition. Institute of Nutritional Sciences. Rheinische Friedrich-Wilhelms Universität. Bonn (Germany).

3. Scientific production

Director of Doctoral Thesis: 5 (+ 6 in progress)

Director of Diploma Thesis: 14

Communications to congresses: 140

Invited speaker: 60

Publications (see below)

Peer-reviewed/international: 60

National: 34

Chapters in books: 14

4. Research lines

I) Evaluation of nutritional status in healthy subjects with different physical activity degree, mainly adolescents, elderly, athletes.

a) Vitamins

b) Blood lipid profile: Influence of diet and physical activity.

c) Pathophysiology of hyperhomocysteinemia.

d) Sports nutrition

II) Recommended intakes for nutrients and non-nutrients. Supplementation. Food fortification.
Functional food.

5. Language skills:

Spanish and German: bilingual

English: good knowledge

French and Italian: basic knowledge